

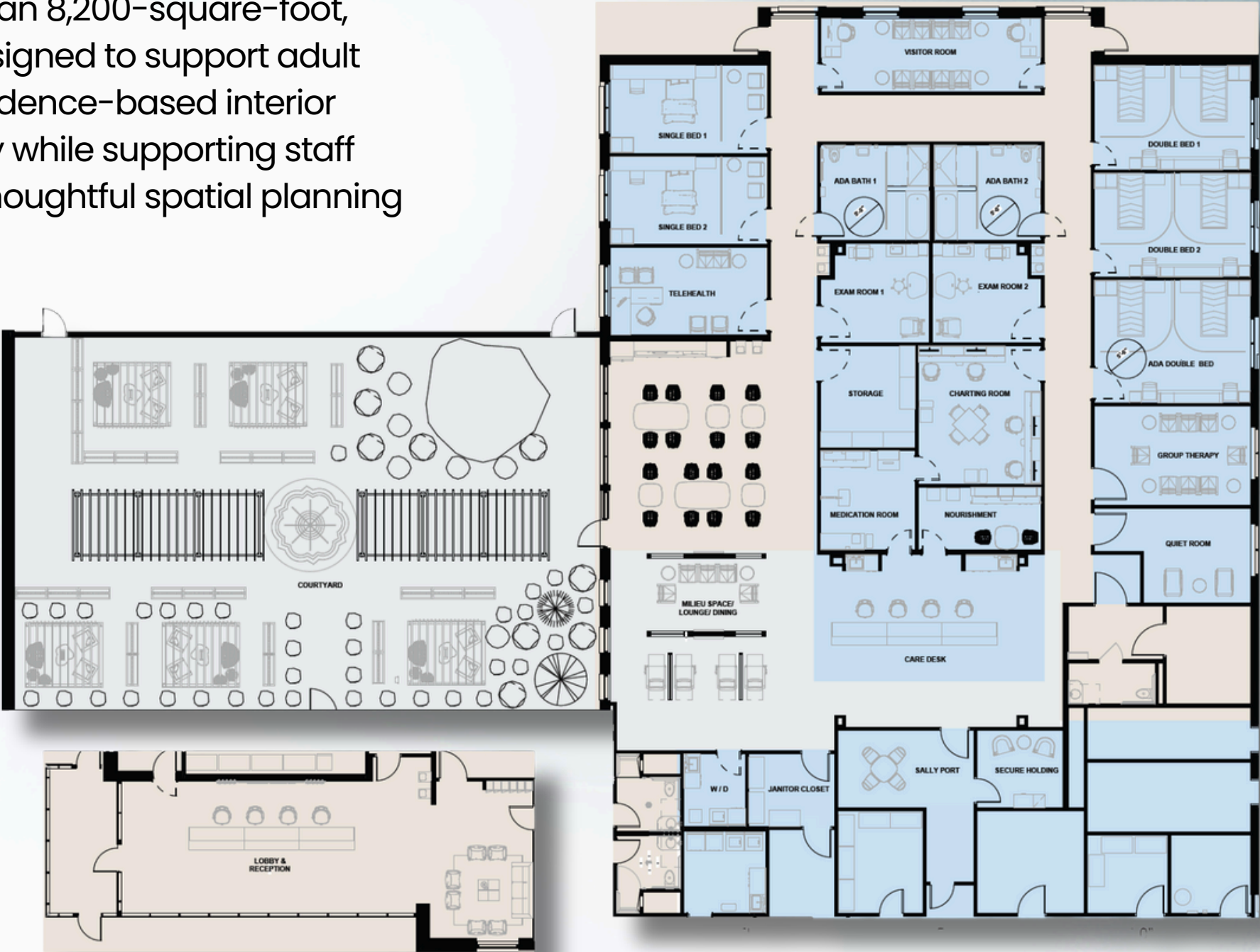


Behavioral Healthcare Interior Design

Skyline Serenity Behavioral Health Center is an 8,200-square-foot, single-story behavioral healthcare facility designed to support adult mental health through safety, dignity, and evidence-based interior design. The project prioritizes patient recovery while supporting staff efficiency and family engagement through thoughtful spatial planning and therapeutic environments.

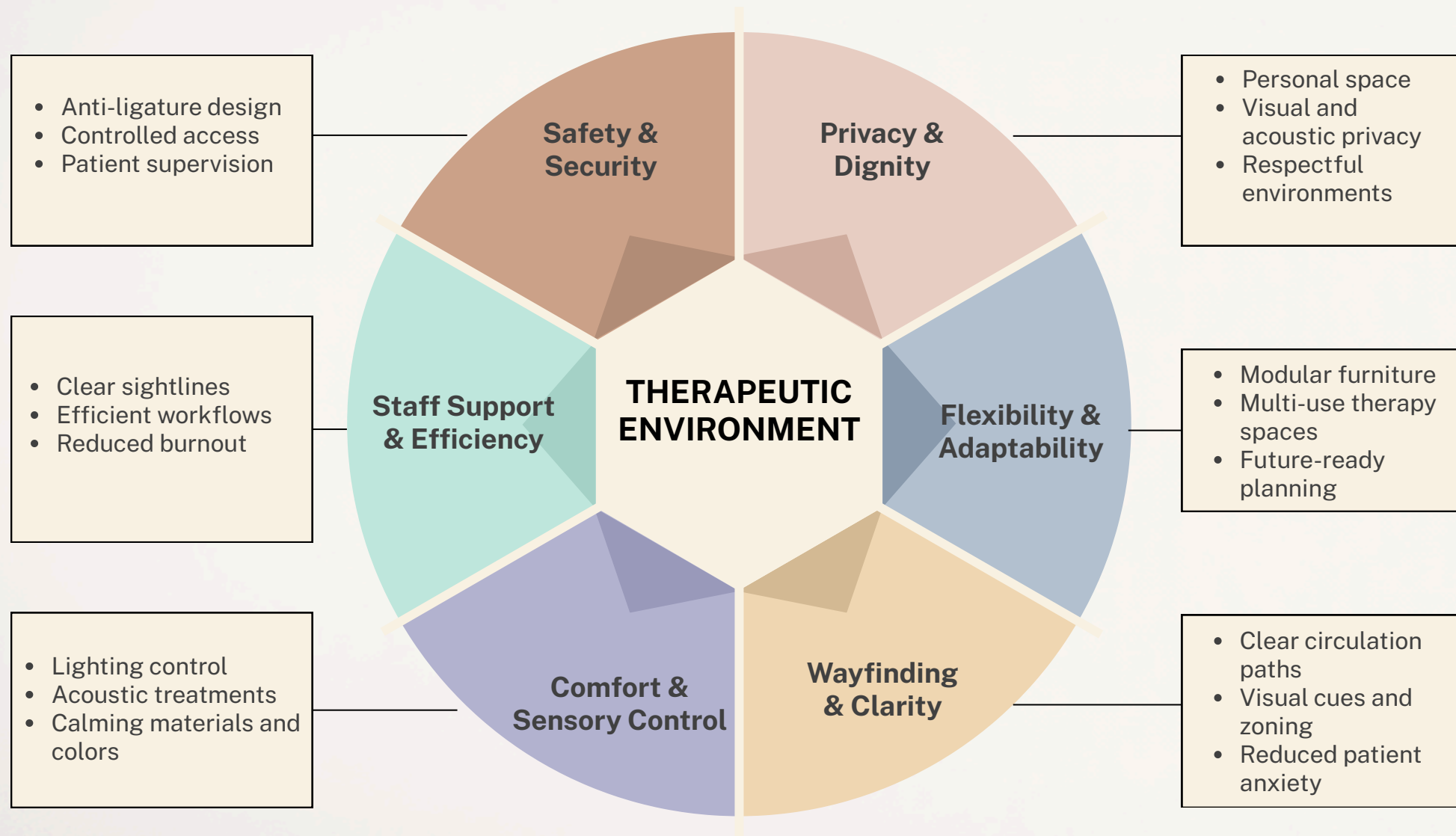
PROJECT FACTS

- Project Type: Behavioral Healthcare
- Size: 8,200 SF
- Scope: Interior Design + Space Planning
- Focus: Safety, Healing, Evidence-Based Design



The facility integrates biophilic strategies, universal design, and behavioral health safety standards to create a calm, supportive environment for patients, families, and staff.

PROJECT OVERVIEW



These challenges required an evidence-based, human-centered approach to space planning and material selection.

DESIGN PROBLEM

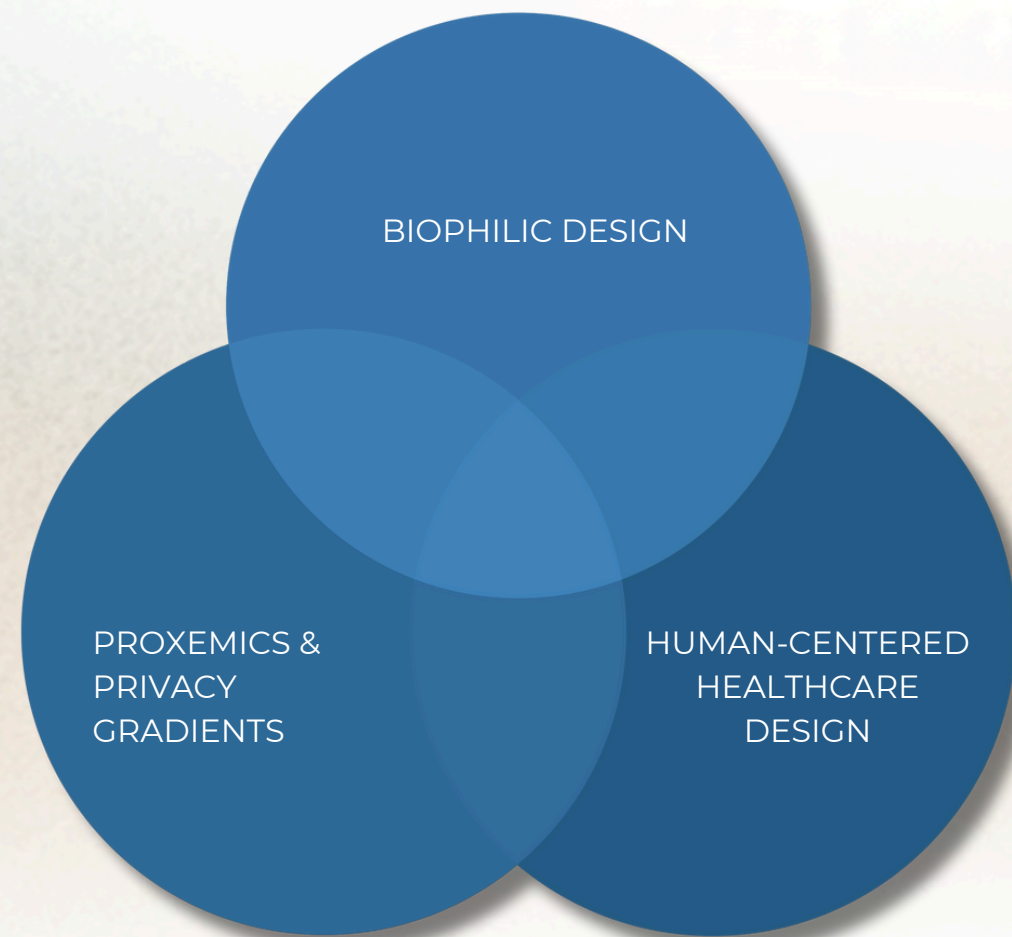
Behavioral healthcare environments must balance strict safety requirements with emotional comfort and dignity. Spaces must protect vulnerable patients while avoiding institutional or punitive atmospheres that can negatively impact recovery.

KEY DESIGN CHALLENGES

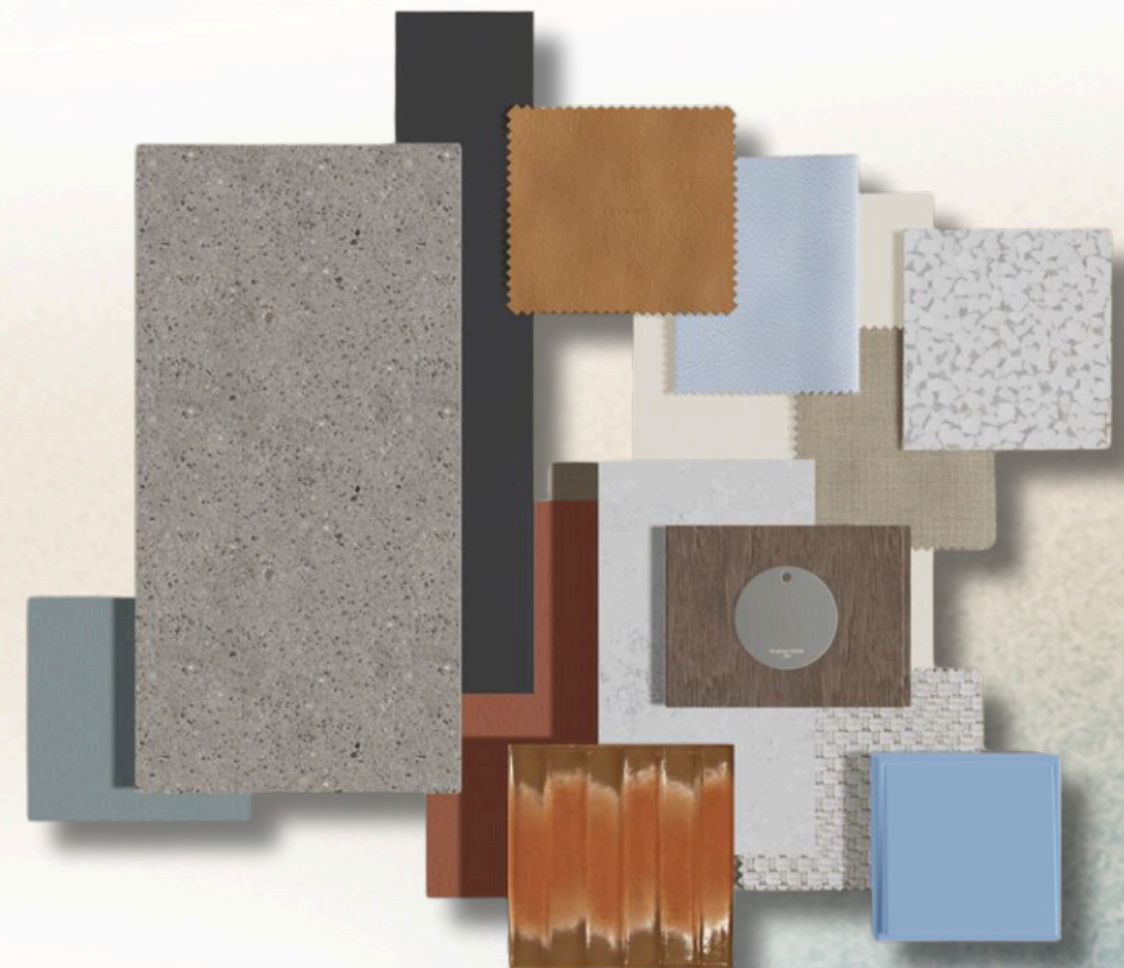
- Balancing patient safety and security with comfort
- Supporting diverse behavioral health needs
- Creating intuitive wayfinding to reduce anxiety
- Designing flexible spaces that adapt to evolving care models

DESIGN FACTORS IN BEHAVIORAL HEALTHCARE

Skyline Serenity blends modern behavioral healthcare design with the calming qualities of nature to create a safe, dignified, and therapeutic environment. The design prioritizes patient well-being while supporting staff efficiency through evidence-based strategies, intuitive space planning, and sensory regulation.

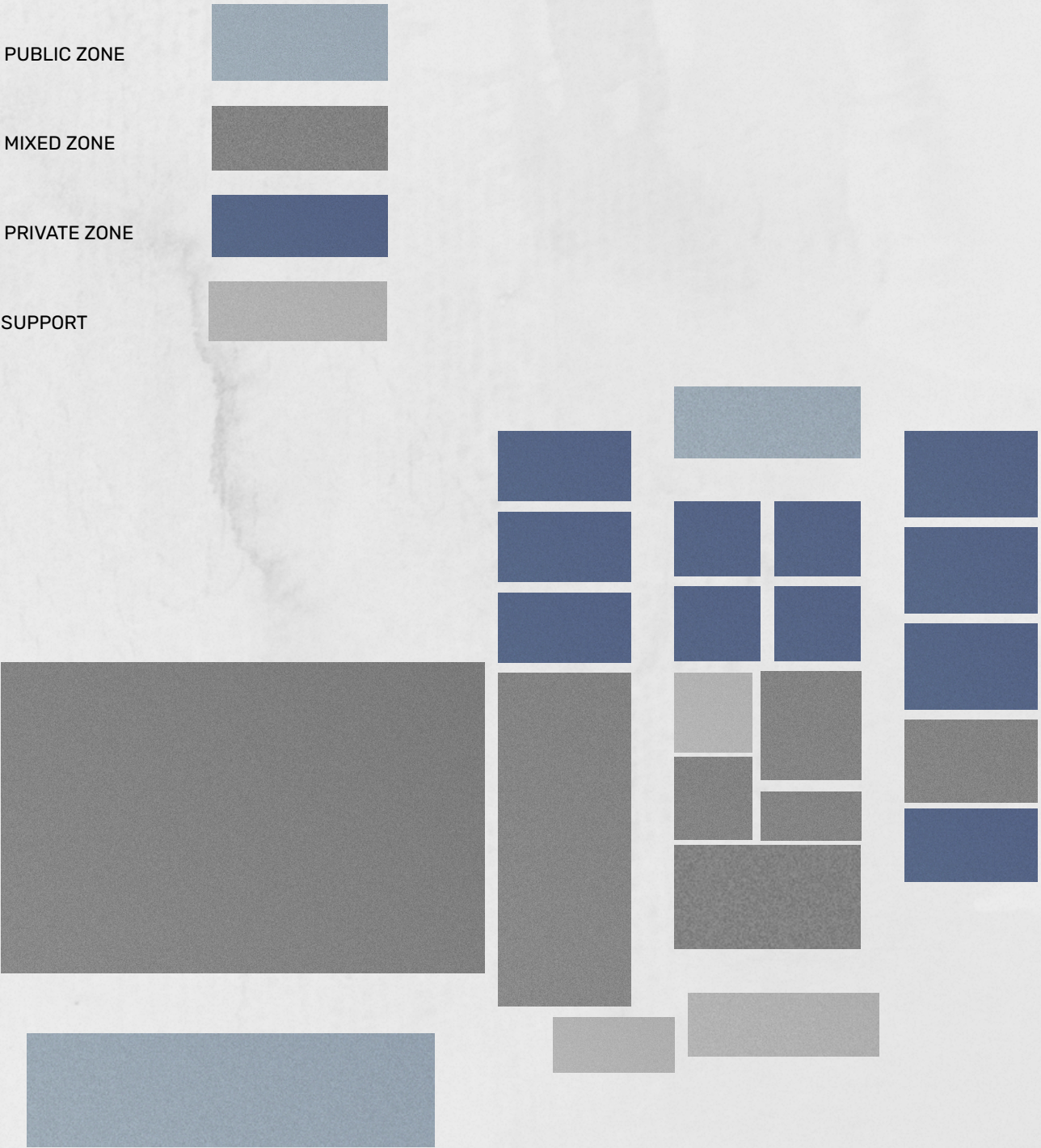


These principles guide all planning, material, and spatial decisions.



CONCEPT & DESIGN INTENT

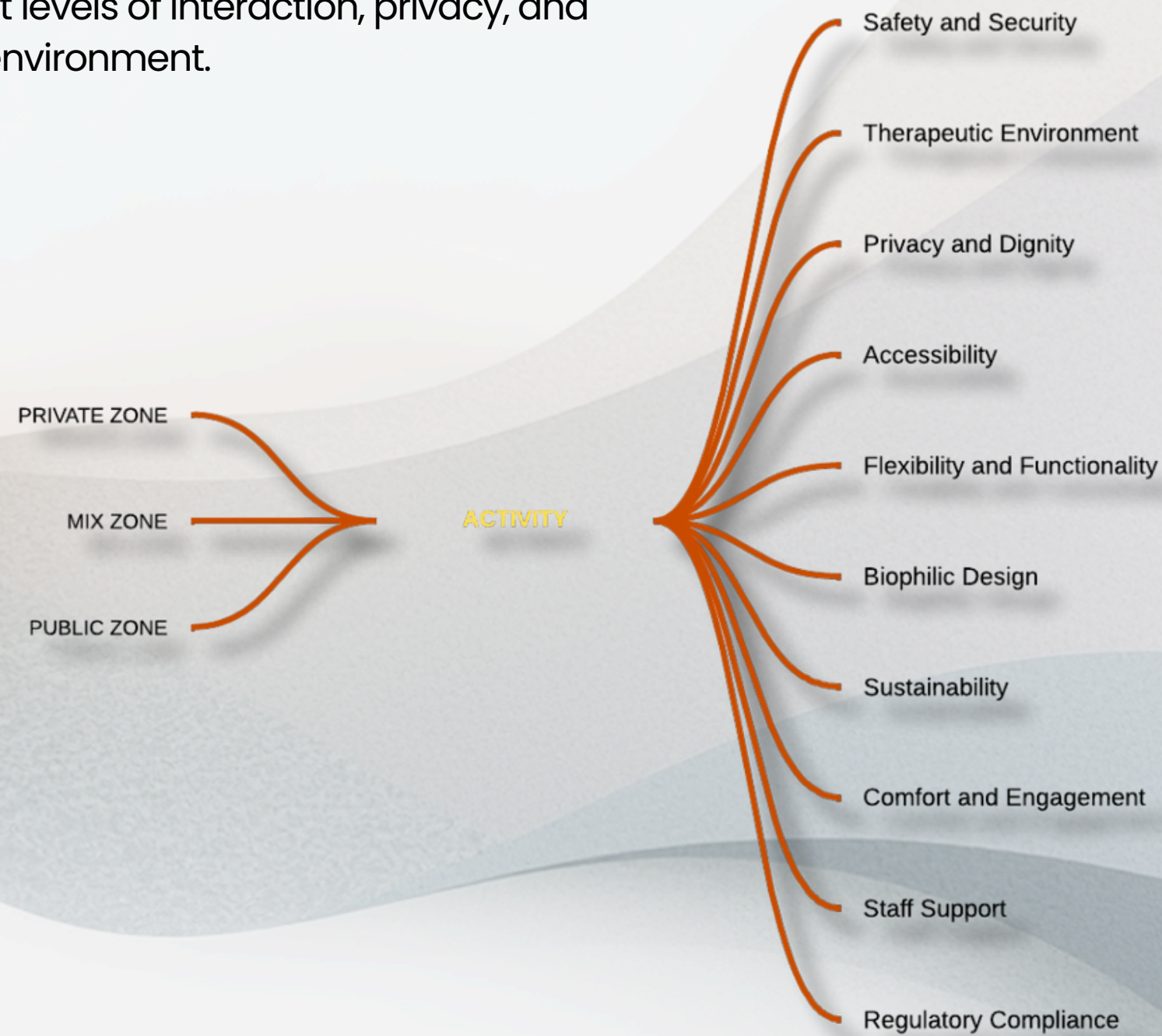
The facility is organized using a clear zoning and circulation strategy that transitions from public to private spaces. This approach minimizes patient stress, supports dignity and safety, and allows staff to maintain visual supervision without creating an institutional atmosphere.



Public → Mixed → Private

ZONING & CIRCULATION STRATEGY

Design decisions throughout the facility are guided by activity-based needs across public, mixed, and private zones. Each zone supports different levels of interaction, privacy, and supervision while reinforcing a cohesive therapeutic environment.



DESIGN FRAMEWORK & ACTIVITY LOGIC

The milieu, dining, and lounge space serves as the social and therapeutic core of the facility. This shared environment supports daily routines, group interaction, and informal engagement while allowing staff to maintain clear visual supervision. Warm materials, access to daylight, and varied seating options create a non-institutional setting that promotes comfort, participation, and a sense of normalcy.

- Social Engagement → group tables / booth seating
- Visual Supervision → open sightlines + glazing
- Daylight & Transparency → windows / glass partitions
- Flexible Seating → varied seating types
- Non-Institutional Comfort → wood ceiling + warm palette



MILIEU, DINING & LOUNGE SPACE

The private patient room is designed to support healing, dignity, and emotional regulation through a calm, residential environment. The space prioritizes privacy while maintaining staff supervision through clear sightlines and integrated clinical elements. Warm materials, soft lighting, and access to daylight help reduce stress and promote a sense of safety, comfort, and personal control essential to behavioral health recovery.

- Privacy & Dignity → single-occupancy layout / controlled visibility
- Emotional Comfort → warm wood finishes / soft textiles
- Daylight & Regulation → large window / sheer curtains
- Safety & Supervision → integrated headwall / clear staff sightlines
- Social Support → visitor chair / personal desk



PATIENT ROOM SPACE

The group therapy and therapeutic lounge space is designed to support guided group sessions, peer interaction, and emotional expression within a calm, biophilic environment. Soft seating arranged to encourage face-to-face interaction supports communication while maintaining a non-clinical, supportive atmosphere. Natural light, warm materials, and integrated greenery reduce anxiety and create a psychologically safe setting for therapeutic engagement and social connection.

- Group Interaction → circular seating / open layout
- Emotional Safety → soft furnishings / warm materials
- Biophilic Design → indoor plants / nature-inspired artwork
- Non-Institutional Comfort → residential scale / calm palette
- Therapeutic Engagement → flexible seating / shared environment



GROUP THERAPY & THERAPEUTIC LOUNGE

The Skyline Serenity Behavioral Health Center demonstrates how evidence-based, human-centered interior design can support safety, dignity, and healing within behavioral healthcare environments. Through clear zoning, activity-based planning, and biophilic strategies, the facility balances patient privacy with social engagement and staff supervision. The design prioritizes emotional regulation, comfort, and adaptability, creating a non-institutional setting that supports recovery, therapeutic connection, and overall well-being for patients, families, and staff.

Designing for behavioral health requires empathy, intention, and an understanding of how space influences human experience.

FINAL DESIGN TAKEAWAY



THANK YOU